



Transcultural Psychodrama Training

**Systemic-Scenic Action Methods in group leading and counseling
Special focus on transculturality and mindfulness**

Postgraduate Psychodrama Training

Berlin, Spring 2019 - Autumn 2021

Degree: Psychodrama Practitioner (DFP/PAfE/FEPTO)

Stagework like Psychodrama is widely used by counselors, trainers, psychologists, therapists, HR-experts, pedagogues, physicians, ministers, actors, mediators ... all over the world, unique in diversity and effectiveness.

With its huge range of action-oriented methods it is likely to be the most important hidden ingredient not only of various therapeutic approaches but also of all modern so-called "social" media.

The inventor of the trias of **Psychodrama, Sociometry and Group therapy**, J.R.

Moreno (1889-1974), also called "the impromptu man", wanted to be remembered as "the man who brought joy and laughter into psychiatry". He was the first in exploring and elaborating interindividual as well as social encounter and all kinds of social processes.



See: "Meet the impromptu man" on youtube!

Scene-based, action-oriented and suited for partially nonverbal work, our **Psychodrama training** prepares perfectly for all fields which need mindfulness, recognition and appreciation of all people, irrespective of their social or ethnic origin, gender, sexual orientation, religion or belief, age, physical or psychological abilities or other characteristics.

Berlin seems the perfect place in Germany and one of the best in Europe to establish a training which promotes and prepares for **transcultural work** in every thinkable professional application.

The shared language of the training will be English. Encouraging all people who didn't have the opportunity to learn the language in school we prefer to call it "broken english" (only few things are so discouraging like 100% perfection). If you hesitate, call us and see if our speech level meets yours.



Transcultural Psychodrama - Practitioner Training Berlin- overview

Possible applications:

- biography work
- children and adolescent work
- professional vocational training
- team development
- management training
- conflict solution and mediation
- law enforcement
- organisational development
- theatre / acting
- stage direction
- screenplay /scripting
- healing / physical therapy
- School, teaching
- diversity training
- international fields / organisations
- psychotherapy
- disease recovery / convalescence
- transgenerational encounter
- counseling
- recuperation
- supervision
- coaching
- constellation work
- story-telling
- pastoral / religious / welfare work
- self-help / community work
- volunteer work

Target group:

Everybody who wants to develop new personal and / or professional space, capabilities and expertise, based on a previously completed vocational training in the fields mentioned above.

Trainers:



Hilde Gött – trainer, director, MSc Psychodramapsychotherapy. She is certified trainer and supervisor (DGSv) of Psychodrama for the “Psychodrama Association for Europe”(PAfE/DFP/FEPTO) and has been teaching Psychodrama for more than 20 years in Germany and Europe. She is a children and adolescent therapist, focusing on trauma, domestic violence and suicidal cases.
hildegott@t-online.de



Manfred Jannicke - male nurse, social pedagogue, Psychodrama director (PAfE/DFP/FEPTO), supervisor. He serves as head of a diaconal organisation for protection and welfare of children, adolescents and their families and is active in various political and social activities and groups.
psychodrama.berlin@gmx.net

Please see also:

www.psychodramainstitut.de - www.pife-europe.eu

www.transgenerationalencounter.de - www.einguteslebenleben.wordpress.com



Transcultural Psychodrama - Practitioner Training Berlin- overview

module 1: learning field / content

introduction, fundamental elements, methods and instruments of Psychodrama, awarding of presentations

First trial day (voluntary): 23.3.2019, Approval Interviews: Apr-Aug 2019
(approval) Weekend 0: **24.-26.5.2019** with Anna Bielanska, Cracow / Poland (asked for)
Weekend 1: **13.-15.9.2019**
Weekend 2: **25.-27.10.2019**

- function of the psychodrama leader
- clarification of the mandate
- group; incl games and evaluation
- doubling, role change, mirroring
- psychodramatic interview + soliloquy
- sociometry, spectrograms
- social + cultural atom
- warm-up-, action-, integration- phase
- conserve theory
- psychodramatic stage,
- protagonist, antagonist, auxiliary ego
- role feedback, identification feedback
- vignette, pictures, statues, sculptures
- role play / acting / playback techniques
- psychodramatic landscape
- theoretical + spiritual frame

module 2: learning field / content

consolidation of elements, methods and instruments presentations

Weekend 3: **6.12.-8.12.2019**
Weekend 4: **24.-26.2020**
Weekend 5: **13.-15.3.2020**

- double
- biography work
- chorus
- freeze
- high chair
- inner child
- fairy tales
- maxi- and minimizing
- time line
- slow motion + fast forward
- group dynamics
- impromptu
- surplus reality
- processing

module 3: learning field / content

consolidation of elements, methods and instruments presentations, reflection and halfway evaluation

Weekend 6: **8.-10.5.2020**
Weekend 7+8 (combined): date to be found with participants **in Jun-Aug 2020**

- anti-role
- sociometric roles
- sculpture work
- scenic diagnose
- cultural atom
- diversity / transculturality
- sensitivity for + handling of trauma
- reflection + evaluation, personal + in group
- halfway feedback for every participant with information about personal challenges



Transcultural Psychodrama - Practitioner Training Berlin- overview

module 4: learning field / content

consolidation of application / praxis, presentations

Weekend 9: 25.-27.9.2020

Weekend 10: 13.-15.11.2020

Weekend 11: to be scheduled

- constellation work
- direction training
- attitude and ethics, spirituality
- Psychodrama and other approaches
- first and second scene
- role of the leader, conflicts
- role theory according to Moreno
- Monodrama
- magic shop
- processing

module 5: learning field / content

finish

Weekend 12: to be scheduled

- processing
- reflection
- professional perspectives of the participants
- final feedback for every participant, closure of training, recommendation for the psychodramatic future
- masterpiece
- celebration

Certificate:

The training finishes with the internationally recognized certificate "Psychodrama-Practitioner". In Germany, it meets the standards of the "Deutsche Gesellschaft für Pastoralpsychologie DGfP" as well as the "Deutscher Arbeitskreis für Gruppenpsychotherapie und Gruppendynamik dagg" and the requirements for the additional title "psychotherapist" for physicians.

The Psychodrama Institute for Europe e.V. is member of the "Deutscher Fachverband Psychodrama DFP", the "Psychodrama Association of Europe PAFé" and the "Federation of European Psychodrama Training Organisations FEPTO".

Costs:

For every of the **18** weekend workshops (**13** in the stem group (including approval) + **5** special): 255,-€ each, together 4590,-€ to be paid successively. **!!! Early bird: binding registration until 31.1.2019 = minus 5% = 4360,50€!!!**

Participants from countries with a GNI p.c. under the European average in 2016¹ can grant an additional relief of 5%.

Additional remuneration for the mandatory supervision depends on individual agreement.

¹ in 2016 these were: Bulgaria, Croatia, Cyprus, Estonia, Greece, Hungary, Latvia, Lithuania, Malta, Poland, Portugal, Romania, Slovak Republic, Slovenia, Spain



Transcultural Psychodrama - Practitioner Training Berlin- overview

Start: spring 2019, end: autumn 2021

18 weekend workshops: **13** in the stem group (including approval), **5** specials with other trainers (2 theory, 2 methods, 1 application training) plus **self learning**.

Weekends start on **friday 16 p.m.** and finish on **sunday 14.00 p.m.**.

Fees don't include accomodation or travel.

module	group workshops	special workshops	self - organised
1 - 3	informational / intentional interview (extra fee) 1 hr, possibly per video chat (skype) <u>1 approval weekend workshop</u> spring 2019	2 theory workshops 2 method workshops	Self- study, presentations (at least 2, alone or in group),
	Year 1 <u>6 weekend workshops in stem group</u> incl. halfway feedback with information about personal challenges	1 application training	protocols (at least 3, alone)
4 - 5	Year 2 <u>6 weekend workshops in stem group</u> incl. final feedback	contents and trainers according to actual program of PifE Germany or Europe or participation in PAFÉ international conferences	supervision (single and/or in group, extra fee) peergroup work



Transcultural Psychodrama - Practitioner Training Berlin- overview

Registration form

Herewith, I register for the Transcultural Psychodrama Training in Berlin, ending with the certificate "Psychodrama Practitioner" of the Psychodrama Institute for Europe.

I know that I have to fulfill all obligations according to the overview on page 5, incl. to participate in 18 workshop weekends + additional supervision and to provide at least 2 presentations and 3 protocols.

Trainers: Hilde Gött + Manfred Jannicke, Start: spring 2019, end: autumn 2021

Prenome:

Surname (with title):

Home address:

City/town:

Postal code: Country:

Email:

Telephone (priv / work / mobile?):

Date of birth:

vocational qualification: (highest)

Working as / where:

Member of Psychodrama Institute for Europe, n.a. Germany ?

yes

no

I know that a binding training agreement over the complete time and sum is to be signed after after the trial phase.

Place, Date

Signature

- *My registration arrives at PIjE before 2019, Jan 31. Please charge me with the early bird relief of 5% for the workshop weekends.*
- *Yes, I want to make use of the additional relief of 5% for participants from countries with a GNI p.c. under the european average in 2016.*